

Online lecture series on mental peace by ICFAI VC

SE Report

GANGTOK, March 17: An online HRD lecture series on mental peace and happiness was given by ICFAI University Sikkim vice chancellor Dr. Jagannath Patnaik to income tax officers in the country March 17, informs a ICFAI University press release.

“Dr. Patnaik, who is a spiritual guru and renowned educationalist of the country, addressed various issues during the interaction with the IT officers and explained to them ways to manage peace and happiness at the

workplace. He provided various solutions of happiness in the current scenario of anxiety, depression, frustration, ill health, etc. Later, he provided a mantra to success in everyday life which can change the daily life of an individual,” the release adds.